

**Bal Bharati Public School**  
**Phase III, Dugri, Ludhiana**

**Sensitising about Internet Safety norms**

The potential of information technology as a valuable learning resource is immense. However, if children use the internet without safety awareness, they may fall prey to illegal activity or abuse such as cyber bullying, fraud or something even more serious. Hence, awareness of internet safety norms is absolutely indispensable to make children free to explore knowledge without feeling intimidated

In continuation of our consistent effort to keep our children safe, protecting them from all kind of external and internal threat, we exhort you to constantly monitor your children when they sit at the PC's or laptops to play games or download any software.

Children should be savvy about how they deal with other people (especially strangers who they could meet online), and not falling prey to an online scam artist who takes advantage of their ignorance.

Some golden rules to follow when children are online:

- They should not give out personal information such as address or phone number or pictures.
- They should not open emails or attachments from unknown people.
- They should not become online 'friends' with unknown people.
- They should never arrange to meet someone in person whom they have met online.
- Tell /inform their parents, if anything they see or read online worries them.
- It only takes a little bit of effort, a few tools, and some basic information to be safe for browsing the Internet.

**Guidelines given below may be followed to protect personal information and computer online.**

- Install and maintain up to date antivirus software on your computer or device.
- Keep your internet browser up-to-date
- Be alert to unusual computer activity or problems.
- Use a modern browser with features such as a pop-up blocker.
- Avoid storing sensitive material indefinitely on your computer.
- Change your passwords often.
- Beware of links sent via instant messaging and e-mail attachments.

## **Tips to stay safe on social networking sites**

- ✓ Make sure you're old enough to join
- ✓ Maybe use a made up name or nickname on your profile.
- ✓ Do not make friends you don't already know personally.
- ✓ Maybe use an email address that does not include your name.
- ✓ Use the strongest privacy setting when you set up your profile. This means that only your friends will be able to view your information.
- ✓ Pictures and Videos to be shared very carefully when uploading-even if you only share it with friends, it can easily be spread much further
- ✓ Be very careful about sharing content online - especially if it isn't yours to share. Illegal downloads definitely should be avoided.

Dear parents, We urge you to supervise your children unfailingly.

We pray for our children's safety and well-being.

Staff & Teachers

BBPS, Ludhiana